

Individual Top Times

Times since: 01-Sep-99

Monroe Community College [MCC] Coach: Daniel S. Dubois

Number of Top Times: 5 Show Yards Only

	Time	P/F/S	Name	Age/Yr		
Women 50 Free						
1	22.94 Y	F	Mallory Morrell	SO	3/2/2011	2011 NJCAA Swimming & Diving Champs
2	25.28 Y	F	*I Courtney Gruschow	SO	3/4/2009	2009 NJCAA
3	25.46 Y	F	*I Cathleen Swartz		3/1/2006	2006 NJCAA Swimming & Diving Champior
4	25.88 Y	P	*I Kathryn Lohrman	FR	3/3/2010	2010 NJCAA Swimming & Diving Champior
5	25.99 Y	F	*I Melissa Fromm	SO	3/5/2008	2008 NJCAA Swimming & Diving Champs
Women 100 Free						
1	50.37 Y	F	Mallory Morrell	SO	3/2/2011	2011 NJCAA Swimming & Diving Champs
2	53.89 Y	F	*I Cathleen Swartz		3/1/2006	2006 NJCAA Swimming & Diving Champior
3	55.70 Y	F	*I Courtney Gruschow	SO	3/4/2009	2009 NJCAA
4	55.80 Y	F	*I Kathryn Lohrman	FR	3/3/2010	2010 NJCAA Swimming & Diving Champior
5	56.83 Y	F	*I Melissa Fromm	SO	3/7/2007	2007 NJCAA Swimming & Diving Champior
Women 200 Free						
1	1:55.45 Y	F	Mallory Morrell	SO	3/2/2011	2011 NJCAA Swimming & Diving Champs
2	x1:56.55 Y L	F	*I Urska Ros	SO	1/29/2003	Dual Meet vs Genesee C.C.
3	2:01.57 Y L	F	*I Meghan Rickelman	SO	3/3/2010	2010 NJCAA Swimming & Diving Champior
4	2:02.29 Y	F	*I Kathryn Lohrman	FR	3/3/2010	2010 NJCAA Swimming & Diving Champior
5	2:02.53 Y L	F	*I Hali Snow	SO	3/4/2009	2009 NJCAA
Women 500 Free						
1	5:00.21 Y	F	*I Urska Ros	SO	3/5/2003	2003 NJCAA Championships
2	5:15.99 Y	F	Jennifer Conklin	FR	3/2/2011	2011 NJCAA Swimming & Diving Champs
3	5:16.99 Y	F	*I Meghan Rickelman	SO	3/3/2010	2010 NJCAA Swimming & Diving Champior
4	5:25.12 Y	P	Leslie Flannery	SO	3/2/2011	2011 NJCAA Swimming & Diving Champs
5	5:34.32 Y	P	*I Leigh Anne Dubois		3/3/2004	2004 NJCAA Swimming & Diving Champior
Women 1000 Free						
1	10:40.84 Y	F	*I Urska Ros	SO	1/25/2003	Delhi Invitational
2	11:07.22 Y	F	Jennifer Conklin	FR	1/15/2011	Monroe CC vs Brockport
3	11:09.32 Y	F	*I Meghan Rickelman	SO	1/27/2010	GCC vs. MCC
4	11:31.34 Y	F	Leslie Flannery	SO	1/15/2011	Monroe CC vs Brockport
5	11:49.97 Y	F	*I Bethany Peris	SO	1/14/2009	MCC vs Brockport
Women 1650 Free						
1	17:51.92 Y	F	Jennifer Conklin	FR	3/2/2011	2011 NJCAA Swimming & Diving Champs
2	18:04.48 Y	F	*I Meghan Rickelman	SO	3/3/2010	2010 NJCAA Swimming & Diving Champior
3	18:37.67 Y	F	Leslie Flannery	SO	3/2/2011	2011 NJCAA Swimming & Diving Champs
4	19:02.53 Y	F	*I Caitlin McNamara	SO	3/7/2007	2007 NJCAA Swimming & Diving Champior
5	19:09.26 Y	F	*I Leigh Anne Dubois		3/3/2004	2004 NJCAA Swimming & Diving Champior
Women 50 Back						
1	28.97 Y L	F	*I Meghan Rickelman	SO	3/3/2010	2010 NJCAA Swimming & Diving Champior
2	30.20 Y L	F	*I Cathleen Swartz		3/2/2005	2005 NJCAA Swimming and Diving Champi
3	30.61 Y L	F	Kathryn McGowan	FR	11/3/2010	MCC-ECC-JCC Double Dual
4	30.95 Y L	F	*I Ashley Burns	FR	10/17/2008	RIT Scrimmage
5	31.91 Y L	F	*I Christine Judge	SO	3/5/2008	2008 NJCAA Swimming & Diving Champs
Women 100 Back						
1	1:02.16 Y L	F	*I Meghan Rickelman	SO	3/3/2010	2010 NJCAA Swimming & Diving Champior
2	1:02.42 Y L	F	*I Urska Ros	SO	3/5/2003	2003 NJCAA Championships
3	1:04.77 Y	F	*I Nikki Sesock		3/7/2001	NJCAA Swimming & Diving Championship
4	1:04.84 Y L	F	*I Cathleen Swartz		3/1/2006	2006 NJCAA Swimming & Diving Champior
5	1:05.05 Y L	F	Ashley Wumkes	FR	3/2/2011	2011 NJCAA Swimming & Diving Champs
Women 200 Back						
1	2:13.77 Y	F	*I Meghan Rickelman	SO	2/12/2010	2010 Region III/ N.E. District Championship
2	2:18.64 Y	F	*I Ashley Burns	FR	2/13/2009	2009 Region III/ N.E. District Championship

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3	2:19.84 Y	F	Ashley Wumkes	FR	3/2/2011	2011 NJCAA Swimming & Diving Champs
4	2:20.97 Y	F	*I Christine Judge	SO	3/5/2008	2008 NJCAA Swimming & Diving Champs
5	2:22.80 Y	F	Rachel Ceronie	FR	3/2/2011	2011 NJCAA Swimming & Diving Champs
Women 100 Breast						
1	1:08.67 Y	F	*I Jaclyn Cowles	SO	3/1/2006	2006 NJCAA Swimming & Diving Champior
2	1:10.33 Y	F	*I Melissa Ashby		3/1/2006	2006 NJCAA Swimming & Diving Champior
3	1:13.83 Y	F	*I Denise Britton	SO	3/5/2003	2003 NJCAA Championships
4	1:15.01 Y	F	Joclyn Butler	FR	3/2/2011	2011 NJCAA Swimming & Diving Champs
5	1:15.26 Y	F	*I Amy Buisman	SO	2/16/2007	Region III / Northeast District Championship
Women 200 Breast						
1	2:31.27 Y	F	*I Jaclyn Cowles	SO	3/1/2006	2006 NJCAA Swimming & Diving Champior
2	2:34.60 Y	F	*I Melissa Ashby		3/1/2006	2006 NJCAA Swimming & Diving Champior
3	2:37.09 Y	F	*I Amy Buisman	SO	3/1/2006	2006 NJCAA Swimming & Diving Champior
4	2:40.30 Y	P	*I Denise Britton	SO	3/5/2003	2003 NJCAA Championships
5	2:42.28 Y	F	*I Ashley Burns	FR	1/17/2009	Geneseo vs RIT & MCC
Women 100 Fly						
1	55.41 Y	F	*I Urska Ros	SO	3/5/2003	2003 NJCAA Championships
2	1:01.30 Y	F	*I Caitlin Gruschow	SO	3/7/2007	2007 NJCAA Swimming & Diving Champior
3	1:01.98 Y	F	*I Hali Snow	SO	3/3/2010	2010 NJCAA Swimming & Diving Champior
4	1:02.04 Y	F	*I Kristi Powers		3/7/2001	NJCAA Swimming & Diving Championship
5	1:03.53 Y	F	Ariel McDowell	FR	3/2/2011	2011 NJCAA Swimming & Diving Champs
Women 200 Fly						
1	2:02.88 Y	F	*I Urska Ros	SO	3/5/2003	2003 NJCAA Championships
2	2:14.45 Y	F	*I Hali Snow	SO	3/3/2010	2010 NJCAA Swimming & Diving Champior
3	2:15.50 Y	F	Jennifer Conklin	FR	3/2/2011	2011 NJCAA Swimming & Diving Champs
4	2:19.73 Y	F	*I Kristi Powers		3/7/2001	NJCAA Swimming & Diving Championship
5	2:22.87 Y	F	Ariel McDowell	FR	3/2/2011	2011 NJCAA Swimming & Diving Champs
Women 200 IM						
1	2:16.66 Y	F	*I Hali Snow	SO	3/3/2010	2010 NJCAA Swimming & Diving Champior
2	2:18.34 Y	F	*I Jaclyn Cowles	SO	3/1/2006	2006 NJCAA Swimming & Diving Champior
3	2:18.36 Y	F	Ashley Wumkes	FR	3/2/2011	2011 NJCAA Swimming & Diving Champs
4	2:20.61 Y	F	*I Kristi Powers		3/7/2001	NJCAA Swimming & Diving Championship
5	2:22.31 Y	T	Mallory Morrell	SO	1/17/2011	MCC Vs Geneseo
Women 400 IM						
1	4:37.30 Y	F	*I Urska Ros	SO	1/25/2003	Delhi Invitational
2	4:47.42 Y	F	*I Meghan Rickelman	SO	3/3/2010	2010 NJCAA Swimming & Diving Champior
3	4:57.88 Y	F	*I Ashley Burns	FR	11/22/2008	MCC vs Cortland
4	4:58.32 Y	P	Ashley Wumkes	FR	3/2/2011	2011 NJCAA Swimming & Diving Champs
5	4:58.95 Y	F	*I Hali Snow	SO	1/20/2010	Brockport vs Monroe 2010
Women 1 Meter 6 Dives						
1	310.55	F	*I Stephanie Toth	SO	2/10/2006	Region III / Northeast Distric
2	302.35	P	Leeann Kiskiel	FR	3/2/2011	2011 NJCAA Swimming & Diving Champs
3	297.60	F	*I Megan Vandewinckel	SO	3/3/2010	2010 NJCAA Swimming & Diving Champior
4	283.00	P	Andrea Berger	SO	3/3/2010	2010 NJCAA Swimming & Diving Champior
5	281.80	F	*I Amy Hurd	SO	12/1/2006	2006Bluedevillnvoke
Women 3 Meter 6 Dives						
1	328.35	F	*I Stephanie Toth	SO	2/10/2006	Region III / Northeast Distric
2	314.00	F	*I Megan Vandewinckel	SO	3/3/2010	2010 NJCAA Swimming & Diving Champior
3	310.45	F	*I Amy Hurd	SO	12/1/2006	2006Bluedevillnvoke
4	304.15	P	Andrea Berger	SO	3/2/2011	2011 NJCAA Swimming & Diving Champs
5	255.20	F	*I Meaghan Abelein	SO	2/10/2006	Region III / Northeast Distric

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Women 1 Meter 11 Dives						
1	367.50	F *I	Amy Hurd	SO	3/7/2007	2007 NJCAA Swimming & Diving Champion
2	344.15	F *I	Jennifer Fox	SO	2/16/2007	Region III / Northeast District Championship
3	342.60	F *I	Stephanie Toth	SO	2/16/2007	Region III / Northeast District Championship
4	306.65	F *I	Megan Vandewinckel	SO	2/12/2010	2010 Region III/ N.E. District Championship
5	286.85	F	Leeann Kiskiel	FR	2/11/2011	2011 Region III/ N.E. District Championship
Women 3 Meter 11 Dives						
1	379.80	F *I	Amy Hurd	SO	2/16/2007	Region III / Northeast District Championship
2	333.95	F *I	Stephanie Toth	SO	2/16/2007	Region III / Northeast District Championship
3	314.55	F *I	Jennifer Fox	SO	2/16/2007	Region III / Northeast District Championship
4	306.05	F *I	Meaghan Abelein	SO	2/16/2007	Region III / Northeast District Championship
5	305.60	F *I	Megan Vandewinckel	SO	2/12/2010	2010 Region III/ N.E. District Championship